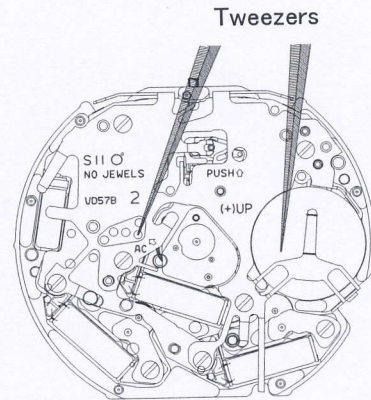


• The explanation here is only for the particular point of Cal.VD57B

1. REMARKS ON INSTALLING THE BATTERY

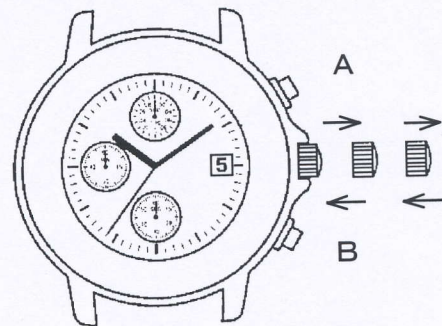
1) After the battery is replaced with a new one or after the battery is reinstalled following the repairing procedures, Be sure to touch the short-circuit the AC terminal of circuit block and the switch spring with conductive tweezers to reset the circuit as illustrated at right.



2) When the battery replaced with a new one, the time information stored in the built-in IC and the time indicated by the stopwatch hands do not correspond with each other. Reset the stopwatch hands to "0" position following the procedure below. If the stopwatch hands should move improperly, also follow the same procedure.

ORDER

- ① Pull the crown out to the second click.
- ② Keep buttons "A" and "B" pressed at the same time for 2 seconds, and then, release the buttons. The stopwatch second hand move back and returned to where it was.
- ③ Press button "A" or "B" to reset the stopwatch second and minute hands to "0" position.
  - \* By pressing button "A", set the stopwatch 1/10 second hand.
  - \* By pressing button "B", set the stopwatch second and minute hands.
- ④ Turn the crown to set the hour, and minute hands to the desired time, and push the crown back in to the normal position.





## 1. REMARKS ON INSTALLING THE BATTERY

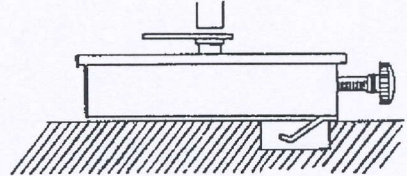
### (1) HAND

•How to install the hands

Place the movement directly on a flat metal plate or the like and press in the hands.

\* Install the hour , minute and second hands at the "12" o'clock position.

\* Install the chrono minute and second hands at the "0" position.



[ Reference ]      The power of press hands

Minute & Hour hands      < 5kg

Second hand      < 3kg

Chrono minute & second      < 3kg

24-hour indicator      < 3kg

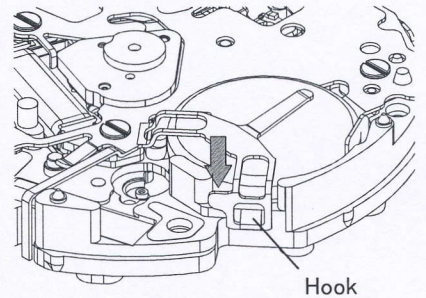
### (2) Battery

•How to install

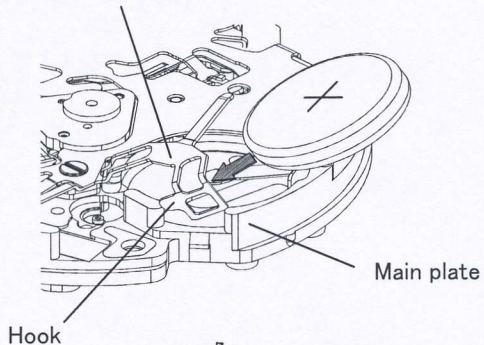
\* Set the switch spring in position, taking care not to damage the two guide pins for the main plate. Then tighten the four switch spring screws.

① Remove the hook of the switch spring's battery clamp portion.

② Insert the battery sideways, and have the hook of the switch spring's battery clamp portion catch the main plate.



battery clamp position



Main plate

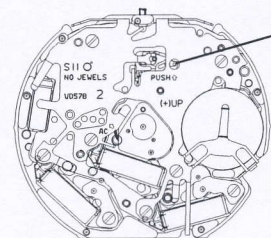
Hook

Push

### (3) Winding stem

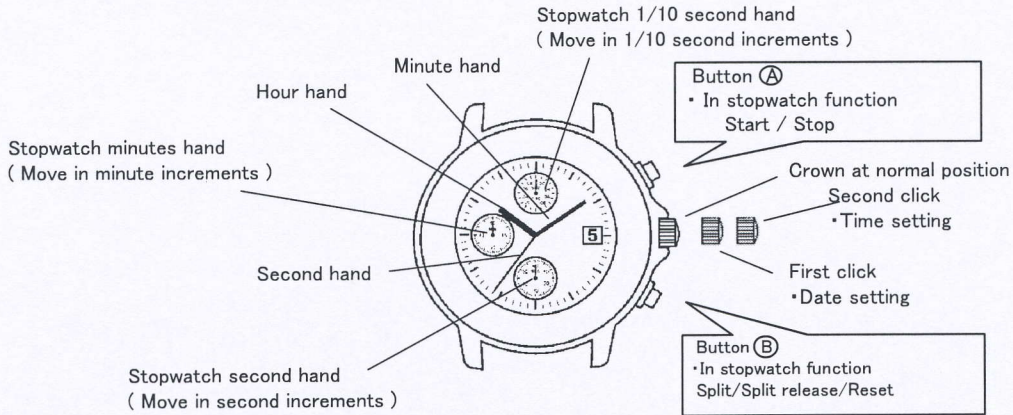
•How to remove

While pushing the indented portion of the arrow pull out the winding stem.





## DISPLAY AND CROWN/BUTTON OPERATION



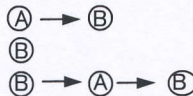
- \* The measurement time is indicated by the stopwatch hands that move independently of the center hands.
- \* Stopwatch 1/10 second hand moves for a first minute.  
After one minute, it indicates the measurement time when it is stopped.

## ADJUSTING THE STOPWATCH HAND POSITION

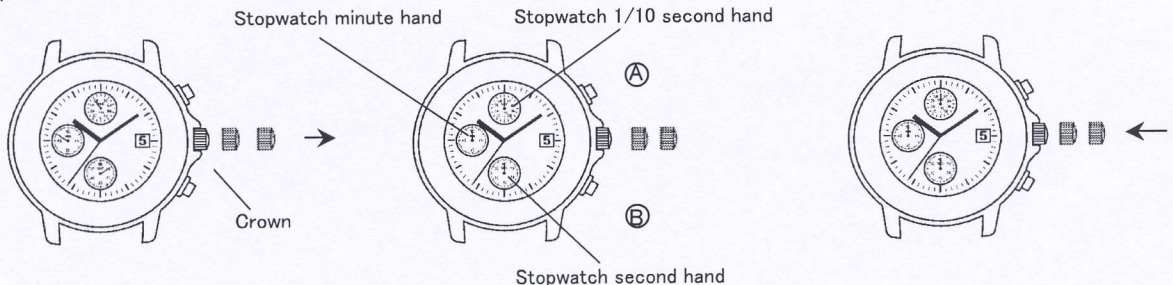
Before setting the time , check if the stopwatch 1/10 second , second and minute hands are in the "0" ( 12 o'clock ) position.

\* If the stopwatch is in use , press the button in the following order to reset it , and then , check if the hands return to "0" position . ( for details , see "HOW TO USE THE STOPWATCH" )

- \* If the stopwatch is counting :
- \* If the stopwatch is stopped :
- \* If the split time is displayed :



\* If either of the stopwatch hands are not in the "0" position , reset them following the procedure below.



1. Pull out the crown to the second click.

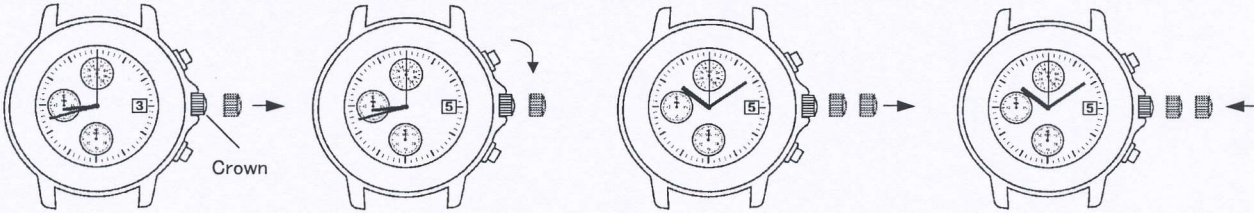
2. Press button (A) or (B) to reset the stopwatch 1/10 second ,second and minute hands to "0" position.  
\* By pressing button (A) , set the stopwatch 1/10 second hand  
\* By pressing button (B) , set the stopwatch second and minute hands

3. Push the crown back in to the normal position

- \* The stopwatch minute hand moves correspondingly with the stopwatch second hand.
- \* The hands move quickly if the respective buttons are kept pressed.

## OPERATION

### TIME SETTING



1.Pull out the crown to the first click.

2.Turn the crown clockwise until the previous day's date appears.

3.Pull out the crown to the second click when the second hand is at the 12 O'clock position. It will stop on the spot and advance the hour and minute hands by turning the crown.

4.Push the crown back into the normal position in accordance with a time signal.

\* When the crown is at the second click position. Do not press any button. Otherwise, the chronograph hands will move.

\* Before setting the time, check that the chronograph measurement is stopped.

\* Do not set the date between 9:00 P.M. and 1:00 A.M.

Otherwise, the day may not change properly. If it is necessary to set the date during that time period, firstly change the time to any time outside it, set the date and then reset the correct time.

### HOW TO USE THE STOPWATCH

- The measurement time is indicated by the stopwatch hands that move independently of the center second hands.
- The stopwatch can measure up to 60 minutes in seconds.

( The watch indicates the measurement time in second increments by ignoring off the 1/10 seconds obtained. )

( Standard measurement )

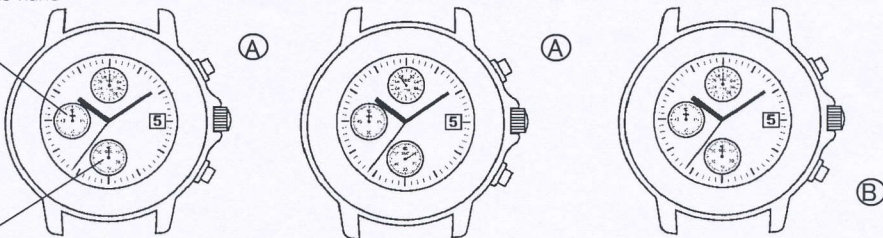
Ex)100m race (Press the buttons in the following order

(A) → (A) → (B) )

START → STOP ( Finish ) → RESET ( Reset to "0'00" )

stopwatch minute hand

stopwatch second hand



9.8/10 second

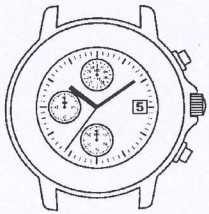


## OPERATION

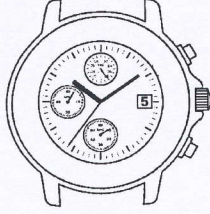
( Accumulated elapsed time measurement )

Ex.) Basketball game ( Press the buttons in the following order )  
 START → STOP RESTART → .. → STOP → RESET  
 (Start of game) (Time out) (Restart of game)

(A) → (A) / (A) → .. (A) → (B)  
 (Game over)

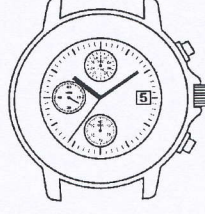


(A)



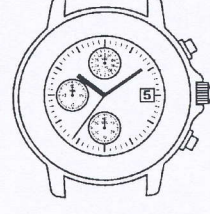
(A)

5 minutes 10, 8/10 seconds



(A)

20 minutes 00 seconds



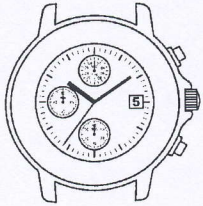
(B)

\* Restart and stop of the stopwatch can be repeated as many times as necessary by pressing button (A)

( Split time measurement )

Ex.) 5,000m race ( Press the buttons in the following order )  
 START → SPLIT/SPLIT RELEASE → .. → STOP → RESET

(A) → (B) (B) → .. → (A) → (B) →

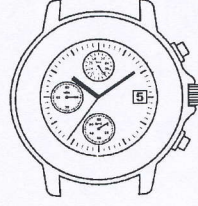


(A)



(B)

2 minutes 50 seconds



(A)

15 minutes 10, 8/10 seconds



(B)

\* Measurement and release of the split time can be repeated as many times as necessary by pressing button (B)